



Foreign Communities of Alba
ASSOCIATION

Members & general public offer

Our history

And who are we today

Foreign Communities of Alba Association (known under trading name 'FCA Association') is registered under [SC052771 with the OSCR \(Scottish Charity Regulator\)](#). We are a charity focused on Sports, Recreation, Integration and Removing Social Isolation. We are operating in West Lothian, Falkirk and North Lanarkshire councils in Scotland.

Back in late 2021 five of our founders couldn't find many sports activities for Poles in Falkirk, Bathgate and Whitburn area. They felt a bit depressed, some had addiction history. To not fall into bad habits, they decided to start a football group. It was a stunning success, given that it offered not only sports, but also socialising. People made friends, families met.

Today we are an active group, which has about 300 members. We have three football trainings a week. On top of that a very big hiking group and a lot of volunteering opportunities. We've done loads of socializing and charitable events. Many of us found new friends. We are planning for a bicycling group, DIY group, chess group, a community house and a women football section ... and more. Through our group we have also integrated with locals and this tremendously helped removing the feeling of loneliness and removed the cultural barriers. In some cases helped in finding better jobs.

We are open for anyone to join.



Our current offer

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Activities on offer:

- [Sports, recreation and socialising](#)
- [Volunteering](#)
- [Trustee and member meetings](#)

Our plans:

- opening a community house or at least community hours, including various activities like chess, talks, cooking, learning skills (like English), counselling and more ...
- opening our own football league and tournaments
- trying out [new type of football](#)
- organizing more social events (like disco nights, ecology tours, and more ...)
- organizing opportunities for training and upskilling
- organizing a volleyball team cooperation
- cooperation with other groups, societies and charities

You can find more information on: <https://fcaassociation.org/regular-activities/>. All of these are open to general public as well as members.

Member benefits

- All members are entitled to attend 4 free of charge regular activities a year (counted since subscribing; if the activity requires a payment)
- All other activities are discounted 50% for all members*
- Members have the priority to attend an activity organized by the FCA Association
- Members also receive a welcome pack (content varies depending on a year)
- Members can become project or activity leads
- Members can vote in general trustee elections and submit suggestions to the management board
- Members will be invited to regular networking / conference / knowledge sharing events
- Any ideas for new activities coming from members will be prioritized

*This benefit will be enabled, once the charity has sufficient financial funding, otherwise will be decided in each individual case. Appeals can be made to the trustee board.

We are also expecting our members to be active in our community, provide help and guidance where required.

Fees

Members:

- All members are required to pay a £20.00 annual fee
- All other activities are discounted 50% for all members*

General public:

- Anyone from the general public can join any activity at 100% cost (as long as there are still free spaces and the group leader does not have Health & Safety concerns; if the activity requires a payment)

Both members as well as the general public are entitled to apply for a fee waiver. Please see our T&C for this further in the presentation.

All fees collected will be invested into our statutory community goals, as outlined in our [FCA Association constitution](#).

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We are also expecting our members to be active in our community, provide help and guidance where required.

Fee waiver T&Cs

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You can apply for a fee waiver if you cannot afford to pay the fee because you:

- do not have a place to live in the UK and you cannot afford one
 - have a place to live but cannot afford essential living costs like food or heating
 - have a very low income and paying the fee would harm yours or your family's/dependants wellbeing
- all activity group leaders are empowered to make common sense decisions for a fee waiver before an activity starts
 - membership fee waiver requests are being reviewed fortnightly by our trustees. To submit one (in free form) please use: <https://fcaassociation.org/contact-us/>

Both members as well as the general public are entitled to apply for a fee waiver.

Thank you very much!